



Tales from the Den

S O O K E L I O N E S S L I O N S C L U B

SEPTEMBER

1	2	3	4	5		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



W E L C O M E B A C K !

The relaxing 'dog days' of summer have passed, a time that provided well deserved rest, time to catch up on chores, play in the garden and enjoy each other's company during Canada Day celebrations, the Blackfish Retreat and Yellow Knife adventures!

A new membership year awaits, with memories to be made, successes to be celebrated and joyous occasions to be shared.

As we set goals, and move forward into our projects and community initiatives, remember that , "There shall be eternal summer in the grateful heart".

Looking forward to another great year!

~ Editor Lion Maja



"We give sight. We support youth. We provide disaster relief. We combat disability. We serve."

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S U P E R H E R O E S F O R C H I L D R E N



NEWSFLASH!

Lion Lynda Fysk will join Lioness Donna May from the Chinatown Lionesses on Thursday, September 17th, don superhero costumes and rappel down

the CIBC Building located at the corner of Douglas & View!

The dynamic duo are participating in the annual Easter Seals Drop Zone that raises funds and awareness for Easter Seals programs on Vancouver Island. Both have pledge

to raise \$1,000 each to participate in this thrilling event! Support your fellow Lions as they take on this amazing feat!



www.thedropzone.ca



PRESIDENT'S CORNER

I am writing this at the beginning of August as I head off to visit my boys in Fort St. John for a couple of weeks... I am certain I will need lots of quarters for the happiness cup when I return!

Ideas were flowing at the Community Hall dining room last night for our planning meeting. Thanks to all the gals who attended...

I think we were able to accomplish a few things.

"I know we will accomplish many things for our community and beyond."

We decided our major fundraising projects for 09-10 will be the fall launch of our cookbook, a Valentine's Wine Tasting evening

and the Duck Race on Mother's Day weekend.

September looks like it will be a busy start to our year. "Service" projects fill the month. First up, the Chili Cook-off followed by the "Cops for Cancer" dinner, Triathlon, Shoreline cleanup and finishing the month with the "Cops for Cancer" ride into Sooke.

Then of course you throw in a book sale and a couple of hot dog sales... whew, I'm pooped already.

Hopefully we will tone it down in October and use our energy wisely... one or two projects each month should be enough to keep the club rolling!

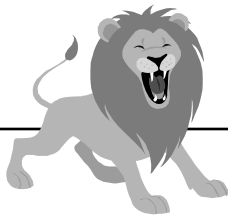
I am looking forward to working with this club of vibrant women!



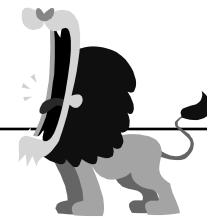
Lion Laurie Spence
Madame President

I know we will accomplish many things for our community And beyond.

Lion Laurie Spence



"It is better to be a lion for a day than a sheep all your life"
~Sir Winston Churchill



"TAKE OFF TO THE GREAT WHITE NORTH!"

We had a fabulous time on our trip to the Great White North. We were there July 2-9 and split our time between Whitehorse and Dawson City, with one day at Kluane National Park. We did a ton of fun things, we hiked, shopped,

saw lots of tourist sites, dined on great food, shared one of the world's largest cinnamon buns, gambled, and one of us even became an official member of the Sour Toe Cocktail Club.

The weather was fantastic

and days were long, only about 2 or 3 hours of darkness and even then it wasn't really very dark!

~Lion Debbie Kangas



Lions Maggie and Debbie
Diamond Tooth Gertie's Saloon
Dawson City



MEMBER'S PAGE



“What happens at the Retreat...”

**Club Executive
2009 to 2010**

President	Lion Laurie Spence
Pas President	Lion Janet Evans
1st Vice	Lion Nancy Reinders
2nd Vice	Lion Georgia Medwedrich
Secretary	Lion Jane Beddows
Treasurer	Lion Rosina Waddell
Lion Tamer	Lion Barb White
1 Yr Director	Lion Lynda Fysk
	Lion Maria Medwedrich
2 Yr Director	Lion Velma Jessiman
	Lion Debbie Kangas
Tail Twister	Lion Joanne Phillips
Public Relations	Lion Maja Tait
Membership	Lion Maggie Vause
	Lion Susan Bennett
	Lion Dawna Zigay

**Books, books and
more books!**

Logger's Pole
10:00 am to 3:00 pm

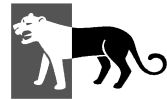
Saturday Sept. 12, 2009

Annual Booksale
For Huntington's

Ever wonder how you can
predict the weather?
Here's a tip from the Almanac:

Every day of fog we have in
August will equate to one day of
snow over the winter.

What's your prediction?



**TD Great Canadian
Shoreline Cleanup**

Whiffin Spit
10:00am
Saturday Sept. 20,
2009

Site Coordinator:
Debbie Kangas
dkangas@shaw.ca
642-2033



Lions Velma, Ev & Barb

*“Teamwork divides
the work and
Doubles the success!”*

S E P T E M B E R G A R D E N T R U T H S

Deer don't read the lists of plants they are not supposed to eat.

Lawn grass would rather grow in your garden than in the lawn.

“No maintenance” is just a figure of speech.

If you water your garden, it will rain. If you don't water, it will be dry.

If the deer don't eat it, then rabbits, voles or others will!

~Editor Steve Aiken, Fine Gardening magazine

September, with its soft sunlight and warm colours makes it a fabulous month to garden!





WE SERVE



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LIONS INTERNATIONAL

Lions are an international network of 1.3 million men and women in 205 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their

ABOUT US: Our Club accepted the "Lioness Bridging Program" offered by Lions International and "bridged" our "Lioness Club" (formerly Sooke Lioness Club) in September 2003 which became our official charter date. There were 25 original members of the newly formed Sooke Lioness Lions Club.

The Sooke Lioness Lions support the major service commitments and activities of Lionism, particularly diabetes awareness, sight conservation and work with the blind, and hearing conservation and work with the deaf.

Some of our activities include; Run for the Cure, Easter Seals 24 Hour Relay, Tours, and many more within the Sooke community.



These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

Beginning in 1917, the association of Lions clubs has provided millions of people with the opportunity to give something back to their communities.

FINAL WORDS

Did you know?

The full Corn or Grain Moon on the 4th, designates a time when corn & grains are harvested.

Hanging about **Sooke**, drinking salt water and eating almost everything; **Seagulls** are one of the few bird species that can defecate in flight!

A sign of luck for some!

Lionesses are the second biggest cats in the world, and can run a speed up to 80 km/hour!

The sapphire is **September's** gem; its power includes healing properties and inner peace;

And the flower is the aster, symbolizing love, daintiness while attracting beneficial insects to your garden!

Looking forward to a full, rewarding membership year!

Send me the highlights of your projects, news and events ...

Look for them in the next edition!

Upcoming Dates

September:

- 9th 1st Dinner Meeting
- 12th Sooke Fall Fair/Lion's Chilli Cook Off
Huntington's Books Sale
- 13th Subaru Triathlon
Cabinet Meeting/Willow Pt
- 18th Luxton Special Needs Fair
- 19th Cops for Cancer Dinner
- 20th Shoreline Clean Up
ZC Meeting/Westshore
- 23rd AGM - Business Meeting
- 30th Tour de Rock - Sooke

October:

- 4th Run for the Cure
- 14th Dinner Meeting - Steve Miller Visit
- 17th Lioness Oktoberfest
- 23-25th Fall Forum - Spokane
- 31st Olympic Torch Relay

November:

- 11th Remembrance Day - No meeting
Toys for Kids Set Up
- 14th IKEA Trip
- 15th Cabinet Meeting/Camp Shawnigan
- 20-22 Sooke Christmas Craft Fair
- 25th Zone Chair Visitation
- 29th ZC Meeting/Westshore
- 15-22 Lion Jane B goes fishing

"By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer."

- Helen Hunt Jackson,
September, 1830-1885



Stay tuned for another exciting year!