



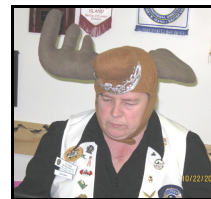
Tales from the Den

Hail November

30 days has November, the eleventh month in the Gregorian calendar and a month where the world pauses to remember those who gave so much for our freedom.

In the dreary days ahead, when the days seem filled with endless clouds and rain, remember the laughter of our sisterhood, the joys and celebrations, and the many successes put forth by the efforts of our Club. May the memories bring sunshine to your days, and lighten the clouds.

Editor Lion Maja



S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Inside this issue:

President's Corner	2
Meet a Lion	2
Members Page	3
About us	4
Upcoming Dates	4

Highlights

- Toys for Kids*
- Our Newest Member*
- November highlights*
- The Lions Brand*

Toys for Kids

Work is beginning on the Toys for Kids project for this year. On November 11, boxes were wrapped for distribution to the locations around Sooke.

Volunteers will be needed to distribute the boxes and to pick up donated toys from the boxes throughout the season.

Santa's Anonymous will be providing toys for children up to age 10 and the Club will be purchasing toys for older children and teenagers up to and including age 17. The toy shop will be set up on December 21st. December 23rd is toy distribution day.

Please contact Lion Maggie with your availability.

Correction: October's newsletter featured a photo for Run for the Cure, Lion Nancy was not named in the photo ~ my sincere apologies for the oversight. ~Lion Maja, Editor





President's Corner

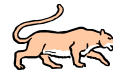
By Madame President

I would like to thank everyone for making the zone chairman's visit last month such a success. Everyone wore their crazy hats and we had a great meeting and a fun time.

I can't believe we are 5 years old already and I thank everyone that attended our 5 year anniversary dinner and party, we had a full membership save for 2 and the dinner was excellent, the games were fun and the singing (well what can I say). A great time of fun and fellowship was had by all. I am looking forward to the next 5 years girls.

Please welcome the District Governor Steve Somerset and his wife District Secretary Dori to our club for his visitation tonight. I know everyone will make them very welcome and show them how much fun the Sooke Lioness Lions have.

President Janet Evans



Welcome Lion Debbie Kangas



Lion Debbie met her sponsor Lion Maggie, a Sooke 61 "bus buddy" on their daily commute to and from work in Victoria. Debbie the youngest of 5 siblings was born in Victoria, grew up in Central Saanich and has lived in the Greater Victoria area all of her life, she moved to Sooke in 2005.

Debbie has worked for the Provincial Government for 22 years and is currently with the Ministry for Children and Family Development, prior to that she waitressed in a variety of local restaurants and bars.

Debbie is married to Dan, and though they have no children their family includes Sadie their dog, Hera the cat and Loki the bird. Debbie has also been a member of the Royal Canadian Legion for 21 years.



Lion Debbie pictured here with her sponsor Lion Maggie and Zone Chair Gerry Webb

Lion Debbie was inducted into our club during the October 22nd Dinner Meeting. Lions Susan B, Velma, Maja, Audrey, Kim, Amanda and Kay took part while ZC Gerry read the oath, all members welcomed Lion Debbie into the club!

Member's Corner



Lions Georgia, Lynda, Janet and Audrey with President Jimmy Ross, District Governor Steve Somerset and Past District Governor John Wilson at the October 30th luncheon.



November Highlights

Anniversary Pins are awarded to:

3 year: L Amanda Dowhy

5 year: L Edith Newman

November Birthdays are celebrated by:

11th Janet Evans

12th Nancy Reinders

17th Barb White



Home and Garden

Flu fighters: Eat well, be sure to get a daily dose of fruits and veggies. Take your vitamins. Remember to exercise as it will help build your immune system. Wash your hands often. Reduce stress and get plenty of rest.

In the garden: November is clean up time, as debris may attract insects and diseases. Clean and sharpen tools so they are ready to go when Spring sunshine arrives. Store tools inside, to avoid rust. Pick all your fruit, to avoid attracting bears into your yard.

Aside from the obvious mischievous uses at Spring Convention, **panty hose** has several uses within our homes:

Cut into squares, use it to remove nail polish, polish your shoes with larger pieces. Drop something in your carpet? Put the feet over your vacuum nozzle and secure tightly with a rubber band, the missing item will be caught in the hose. Use the waist band as a giant 'rubber band', and secure blankets, bundles of magazines, newspapers etc.



The Lion Brand—Moving into the 21st Century

The following excerpts are taken from the "Brand Book", a new 20 page publication by Lions Club International, October 2008, provide by PDG John Higgs 19-1 Leadership Chair.

A solid reminder of the many qualities our Club exhibits.

WE SERVE WHERE WE LIVE: We are ready whenever and however our communities need us.

WE GIVE 100 PERCENT: We cover all costs from our own dues, ensuring that all donated funds go to the causes. Transparency and accountability operate at all levels; in fact, the **Financial Times** has ranked Lions Club International Foundation, "Best amongst organizations worldwide with which to work".

WE ARE IN GOOD COMPANY: We have fun in our club. And when we meet fellow Lions for the first time, we treat them like old friends.

WE'RE OPEN: We are kind and generous people who want to help.



Md 19, District I-2 Sooke Lioness Lions

PO Box 114
Sooke, BC V9Z 0E5

talesfromtheden@gmail.com
(250) 888-0815

Editor: Lion Maja Tait



"We Serve"

About Us:

Our Club accepted the "Lioness Bridging Program" offered by Lions International and "bridged" our "Lioness Club" (formerly Sooke Lioness Club) in September 2003 which became our official charter date. There were 25 original members of the newly formed Sooke Lioness Lions Club.

The Sooke Lioness Lions support the major service commitments and activities of Lionism, particularly diabetes awareness, sight conservation and work with the blind, and hearing conservation and work with the deaf.

Some of our activities include; Run for the Cure, Easter Seals 24 Hour Relay, Tour de Rock, Toys for Kids, and many more within the Sooke community.



Lions International

Lions are an international network of 1.3 million men and women in 202 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their communities. These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

Beginning in 1917, the association of Lions clubs has provided millions of people with the opportunity to give something back to their communities.



Did you know?

The Full Beaver Moon on 13th comes from the fact that beavers are now actively preparing for winter. It is sometimes also referred to as the Frosty Moon.

That lions paws are equipped with soft pads so they can walk on their toes and keep their movements silent.

Bald eagles, often seen soaring the sky above Sooke, stay with their partners for life. When courting, they will join feet and cartwheel from the sky, letting go only at the last possible moment.

November's flower the chrysanthemum, was adopted by the Emperor Japan in the 8th century as his official seal. Yellow and white petals are boiled as a tea to fight influenza.

What I like best about my Lioness Lions Club is: The members; motivating, inspiring, creative women who get things done. Club activities are varied, rewarding & essential to the community. We all have fun!

Upcoming Dates

November

2 nd	CS AGM	Camp Shawnigan
8 th	BC 150 Year Event	EMCS Gym
TBD	Zone Social	Langford Legion
11 th	Remembrance Day	"Lest we forget"
12 th	DG Somerset Visit.	Mason's Hall
15 th	Arts & Crafts Fair	Community Hall
16 th	2 nd Cabinet Meeting	Parksville
22 nd	IKEA Trip	Vancouver Sangria Bus
26 th	Business Meeting	Mason's Hall
30 th	2 nd Zone Meeting	Langford

December:

5 th	Christmas Social	Lion Edith's Home
6 th	Zone Social	Westshore Lions Den
7 th	Sooke Santa Parade	Home Hardware
10 th	Dinner Meeting	Mason's Hall
21 st	Toys for Kids Setup	Community Hall
23 rd	Toys for Kids dist.	Community Hall