



Tales from the Den



Wishing you and yours a very Merry Christmas and a 2009 full of peace, light, health and friendship!

Have a safe and happy holiday!

See you in 2009!



Editor Lion

Celebrating 150 years!

Our Club joined various other locals, politicians, movers and shakers in the Pageant of BC on November 8th, at the EMCS Theatre. Every performance highlighted Sooke's rich history. Our club's skit retold the years of 1850 to 64 and ended in Madame Orr's notorious boarding house in Leechtown.



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Highlights

*Pageant of History
Meet Lion Nancy
4 Generations of Lionism*





President's Corner

By Madame President

I would like to take this opportunity to thank the Sooke Lions Club for inviting us to their Christmas dinner get together with the Sooke District Lioness Club. This is a great opportunity for us to share fun and fellowship.

I wish everyone a very Merry Christmas and a Happy New Year. We are all looking forward to working together in 2009, supporting our community and making it a better place for all.

We all would like to congratulate Lion Maja Tait for her successful bid to Sooke Council. I look forward to working with her for the next three years on Council.

I am pleased to announce that the club has endorsed Lion Georgia Medwedrich for zone Chairman for 2009—2010.

President Janet Evans



District Governor Steve Somerset Visit.
November 12th, 2008
Pictured with President Janet is Dori Somerset
and Zone Chair Gerry Webb



Meet Lion Nancy!

Lion Nancy joined the Sooke Lioness Club 6 years ago and is a Charter Member of the Sooke Lioness Lions.

“Since joining, I have had the honour of being on the executive as Director and eventually President 2006-2007. Our club exemplifies Lionism and I’m very proud to be one of the everyday heroes being a Lion and serving our community.”

Lion Nancy will be celebrating her 25th anniversary with her husband Martin this December 31st. (Congratulations!!) They bought their dream property two years ago and enjoy their free time renovating home and property. Lion Nancy moved to Sooke to raise ‘Island Boys’ in 1993 and has no plans to leave our wonderful town!

Lion Nancy was born in Halifax, NS and grew up on Naval Base Shearwater. She completed the Animal Health Technology 3-year diploma at St. Lawrence College in Kingston, ON.



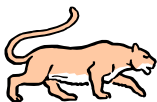
*Pictured below:
Lion Nancy with
Lions Jane and
Al Beddows*



Lion Nancy Reinders



2008/11/08





Pictured with Santa:
Four generations of Lionism!
Lions Maria Medwedrich, Jackie Szaloky with
Baby Aryanna and Chelsey Medwedrich

*The summer passed,
the autumn came;
The world swung over toward
the night;
The forests robed themselves
in flame,
Then faded slowly into white.*

Josiah Gilbert Holland,
American Poet (1819-81)

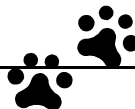
December Highlights

Anniversary Pins are awarded to:

2 years	Lion Chelsey Medwedrich
4 years	Lion Maria Medwedrich
5 years	Lion Jane Howland
6 years	Lion Laurie Spence
12 years	Lion Janet Evans
22 years!	Lion Dawna Zigay

December Birthdays are celebrated by:

4th	Lion Barb Norton
12th	Lion Jackie Szaloky
29th	Lion Maja Tait



Home and Garden

How to roast chestnuts:

Preheat oven to 425 F. Clean off chestnuts. Prick each chestnut to allow steam to escape. Arrange in a shallow baking dish with pricked sides up. Roast for 15 to 25 minutes or until tender. Peel when cool to handle and enjoy!

In the garden: When it snows, shake the snow off evergreen branches to prevent breakage. Shake or tap them gently.

Use wood ash for traction on ice or snow.

In the home: If you shrunk your wool sweater, there is still hope!

Soak it in lukewarm water with mild soap or hair conditioner for about 10 minutes. Then place it flat on a towel in a cool area; blot with another towel to remove excess water. Gently stretch the sweater to its original size. Let air dry.

Tips from the Farmer's Almanac



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"We Serve"

About Us:

Our Club accepted the "Lioness Bridging Program" offered by Lions International and "bridged" our "Lioness Club" (formerly Sooke Lioness Club) in September 2003 which became our official charter date. There were 25 original members of the newly formed Sooke Lioness Lions Club.

The Sooke Lioness Lions support the major service commitments and activities of Lionism, particularly diabetes awareness, sight conservation and work with the blind, and hearing conservation and work with the deaf.

Some of our activities include; Run for the Cure, Easter Seals 24 Hour Relay, Tour de Rock, Toys for Kids, and many more within the Sooke community.



Lions International

Lions are an international network of 1.3 million men and women in 202 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their communities. These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

Beginning in 1917, the association of Lions clubs has provided millions of people with the opportunity to give something back to their communities.



Did you know?

The Full Cold Moon on 12th arrives when nights are at their longest and darkest. It is also called the Moon before Yule.

Female lions are the main hunters of a pride, they are a social group that hunt together in groups of three to eight.

Steller's Jay, the provincial bird of BC are commonly heard in the treed areas of Sooke. They stay west of the Rockies and travel as north as Alaska and go as far south as Central America.

December's flower the poinsettia equates to celebration, success, reassurance and good cheer. This plant is know for its striking red displays of festive colour. The Aztecs prized them and considered them a symbol of purity.

*Good-bye, kind year, we walk no more together,
But here in quiet happiness we part;
And from thy wreath of faded fern and heather
I take some sprays, and wear them on my heart.*

Sarah Doudney, English Writer (1843-1926)

Upcoming Dates

December:

5 th	Christmas Social	Lion Edith's Home
6 th	Zone Social	Westshore Lions Den
7 th	Sooke Santa Parade	Home Hardware
11 th	Christmas Social	Sooke Legion
13 th	Breakfast w Santa	Community Hall
21 st	Toys for Kids Setup	Community Hall
23 rd	Toys for Kids dist.	Community Hall



January:

9 & 10th Chip in for the Kids Home Hardware

February:

5 to 8 th	Northwest Lions Leadership	Portland
15 th	3rd Cabinet Meeting	Central Saanich
22 nd	3rd Zone Meeting	Langford Legion